

Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
B R E A K F A S T	Yogurt Berries	Rice Krispies Juice	Whole grain french toast Strawberries	Cheerios Juice	Scrambled eggs Hash browns
	Fluid Milk	fluid Milk	fluid Milk	fluid Milk	fluid Milk
L U N C H	Turkey and Cheese on whole grain bread Cucumber slices Oranges	Meat loaf green beans Slice of whole grain bread melon	English muffin Pizzas Tomatos lettuce Cucumbers	Baked chicken rice Carrots Corn	Home made macaroni and cheese made with whole grain pasta Broccoli apple sauce
	fluid Milk	fluid Milk	fluid Milk	fluid Milk	fluid Milk
S N A C K	fruit tray cheese stick	Veggies with humus	graham crackers	Hard boiled egg whole wheat crackers	apples with Sun Butter
	Water	Water	Milk	Water	Water

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